ORIGINAL ARTICLE



Prognostic factors and outcomes in primary urethral cancer: results from the international collaboration on primary urethral carcinoma

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Abstract

Purpose To evaluate risk factors for survival in a large international cohort of patients with primary urethral cancer (PUC).

Methods A series of 154 patients (109 men, 45 women) were diagnosed with PUC in ten referral centers between 1993 and 2012. Kaplan–Meier analysis with log-rank test was used to investigate various potential prognostic factors for recurrence-free (RFS) and overall survival (OS). Multivariate models were constructed to evaluate independent risk factors for recurrence and death.

Results Median age at definitive treatment was 66 years (IQR 58–76). Histology was urothelial carcinoma in 72 (47 %), squamous cell carcinoma in 46 (30 %), adenocarcinoma in 17 (11 %), and mixed and other histology in 11 (7 %) and nine (6 %), respectively. A high degree of

concordance between clinical and pathologic nodal staging (cN+/cN0 vs. pN+/pN0; p < 0.001) was noted. For clinical nodal staging, the corresponding sensitivity, specificity, and overall accuracy for predicting pathologic nodal stage were 92.8, 92.3, and 92.4 %, respectively. In multivariable Cox-regression analysis for patients staged cM0 at initial diagnosis, RFS was significantly associated with clinical nodal stage (p < 0.001), tumor location (p < 0.001), and age (p = 0.001), whereas clinical nodal stage was the only independent predictor for OS (p = 0.026).

Conclusions These data suggest that clinical nodal stage is a critical parameter for outcomes in PUC.

Keywords Clinical · Nodal stage · Primary urethral carcinoma · Prognostic · Risk factors · Survival

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Introduction

Primary urethral carcinoma (PUC) is a rare malignancy accounting for well under 1 % of all malignancies. The estimated annual incidence of PUC is 650 new cases in Europe with age-standardized ratio of 1.6/million in men and 0.6/million in women, and based on an analysis of the Surveillance, Epidemiology and End Results (SEER) registry, the age-standardized rate was reported to be approximately three times higher in the USA (4.3/million in men and 1.5/million in women) [1, 2].

Given the rarity of this cancer, there is a paucity of data regarding the relationship between prognostic factors and clinical outcomes. Therefore, optimizing treatment of advanced urethral cancer has recently become the focus of international healthcare authorities aiming to improve the oncological efficacy and quality of life of patients with PUC [3].

Since the majority of reports on prognostic factors in PUC are derived mainly from case series [3], there remain critical gaps in our understanding of how the underlying tumor biology affects clinical outcomes. In order to develop future treatment pathways and optimize the management of patients with PUC, there is an urgent clinical need to address the impact of clinical and histological risk factors on survival. For this reason, we have assembled a multi-institutional collaborative effort with the aim of determining the prognostic impact of clinical and pathologic risk factors in patients with PUC.

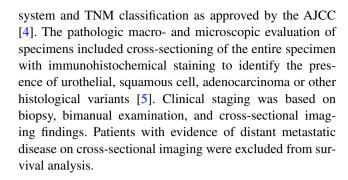
Patients and methods

In this Institutional Review Board-approved retrospective observational multicenter analysis, we reviewed the clinical and pathologic records of a total of 154 consecutive patients who were treated for PUC at ten tertiary academic centers between 1993 and 2012.

Clinical and histological assessment

The following clinical and pathologic parameters were assessed: age at primary treatment, gender, clinical and pathologic tumor stage, clinical and pathologic lymph node tumor involvement, underlying histology, tumor grade, tumor location (proximal vs. distal), prior history of malignancy, the presence of distant metastatic disease, modality of primary and salvage treatment, perioperative treatment, and preoperative serum creatinine level.

Clinical staging was based on preoperative bimanual examination and cross-sectional imaging findings. The histological assessment was performed at the center-specific pathology department and was based on the WHO-grading



Treatment approach

The majority of patients underwent surgery for primary treatment, while only a small proportion was treated with radiotherapy and/or chemotherapy only (see Table 1). Surgery was conducted either by transurethral resection or by open excision using partial or total urethrectomy techniques in conjunction with radical cystectomy and urinary diversion, when necessary. Regional lymph node dissection (LND) was performed at the discretion of the treating surgeon based on intraoperative and preoperative cross-sectional imaging findings. The level of LND was based on the location of the primary tumor and typically included the inguinal lymph nodes, external and internal iliac, obturator, and common iliac lymph nodes.

Follow-up

Electronic hospital charts and physician records were reviewed to determine clinical outcomes. Patients generally were seen postoperatively at least every three to four months for the first year, semiannually for the second and third years, and annually thereafter. Follow-up examinations included cross-sectional imaging with computed tomography or magnetic resonance imaging. In addition to physical examination with laboratory testing, intravenous pyelography, cystoscopy, urine cytology, urethral washings, and bone scintigraphy were carried out, if indicated. Recurrence was defined as disease recurrence locally in the urethra, in lymph nodes or in distant organs.

Statistical analysis

For univariable analysis, Chi-square and Fisher's exact tests were used for nominal data and Student's *t* test for scaled data. Kaplan–Meier plots were used to estimate recurrence-free survival (RFS) and overall survival (OS) using log-rank testing. For determining RFS, clinical outcomes were measured from the date of primary treatment to the date of first documented recurrence. For RFS and OS, the date of recurrence/death was determined by cross-sectional imaging findings/death certificates or hospital charts, and



 $\textbf{Table 1} \ \ \text{Clinical and pathologic parameters in the 154 patients with primary urethral carcinoma }$

primary urethral carcinoma			
	Number of patients (%)		
Gender			
Male	109 (70.8)		
Female	45 (29.2)		
Age			
Median	66		
IQR	58–76		
cT-stage			
сТа	20 (12.9)		
cTis	8 (5.2)		
cT1	48 (31.2)		
cT2	42 (27.3)		
сТ3	23 (14.9)		
cT4	13 (8.5)		
pT-stage			
pT0	3 (2.2)		
рТа	17 (12.9)		
pTis	9 (6.9)		
pTis (pu)	5 (3.8)		
pTis (pd)	3 (2.3)		
pT1	21 (15.9)		
pT2	32 (24.2)		
pT3	21 (15.9)		
pT4	21 (15.9)		
cN-stage			
cNX	26 (16.8)		
cN0	104 (67.5)		
cN+	24 (15.6)		
pN-stage			
pNX	58 (43.9)		
pN0	54 (40.9)		
pN1	4 (3.0)		
pN2	16 (12.1)		
Tumor grade			
G1	10 (6.5)		
G2	33 (21.4)		
G3	93 (60.4)		
GX	8 (5.2)		
Not available	10 (6.5)		
Histology			
UC	72 (46.8)		
SCC	46 (29.9)		
AC	17 (11.0)		
Mixed (UC \pm SCC \pm AC)	11 (7.1)		
Melanoma	4 (2.6)		
Leiomyosarcoma	2 (1.3)		
Adenoid cystic carcinoma	1 (0.7)		
Sarcomatoid	1 (0.7)		
Tumor location	- (0.7)		
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Table 1 continued

	Number of patients (%)	
Men		
Prostatic	41 (37.6)	
Membranous	7 (4.6)	
Bulbar	11 (10.1)	
Penile	29 (26.6)	
Distal	10 (9.2)	
Women		
Proximal	13 (28.9)	
Distal	31 (68.9)	
Proximal plus distal		
Men	11 (10.1)	
Women	1 (2.2)	
Tumor size (cm)		
Mean	2.8	
Median	2	
IQR	1–4.6	
Distant metastasis at primary diagnosis		
cM0	125 (81.8)	
cM1	29 (18.8)	
Prior history of malignancy	_, ()	
Present	34 (22.1)	
Absent	120 (77.9)	
Per cancer entity	120 (77.5)	
Prostate	14 (9.1)	
Breast	5 (3.3)	
Lung	4 (2.6)	
Colorectal	2 (1.3)	
Kidney	3 (2.0)	
Testicular	1 (0.7)	
Vulvar		
Vaginal	1 (0.7)	
Uterus	1 (0.7)	
Oropharyngeal	1 (0.7) 1 (0.7)	
Lymphoma	1 (0.7)	
Pretreatment serum creatinine level (mg/dl)	1 (0.7)	
Median	1.0	
Mean	1.0	
IQR	0.8–1.2	
	0.6-1.2	
Perioperative treatment	16 (10 4)	
Neoadjuvant chemotherapy	16 (10.4)	
Neoadjuvant chemoradiotherapy	9 (5.8)	
Adjuvant chemotherapy	23 (14.9)	
Modality of primary treatment	29 (24.7)	
TUR urethra	38 (24.7)	
Transurethral laser resection	1 (0.6)	
Partial urethrectomy	6 (3.9)	
Urethrectomy	39 (25.3)	
Prostatectomy	1 (0.6)	
Cyst(oprostat)ectomy plus urethrectomy	43 (27.9)	



Table 1 continued

	Number of patients (%)
Supravesical diversion only	1 (0.6)
Radiotherapy	3 (1.9)
Chemotherapy	4 (2.6)
Chemoradiotherapy	9 (5.8)
Other	9 (5.8)
Modality of salvage treatment for recurrent	ce
Surgery	32 (20.8)
Radiotherapy	8 (5.2)
Surgery and radiotherapy	5 (3.3)
Location of recurrence	
LN	18 (11.7)
Distant	5 (3.3)
Urethral	28 (18.2)
LN plus distant	12 (7.8)
LN plus urethral	6 (3.9)
Distant plus urethral	4 (2.6)
LN plus distant plus urethral	9 (5.8)
No recurrence	72 (46.8)

ACH adjuvant chemotherapy, BSC best supportive care, IQR interquartile range, NAC neoadjuvant chemotherapy, N-CRT neoadjuvant chemoradiotherapy, TUR transurethral resection, pu prostatic urethra, pd prostatic ducts, LN lymph nodes

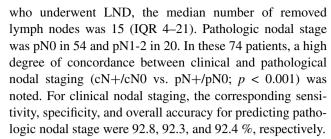
patients still alive/without evidence of recurrence were censored on the date of last follow-up [6].

Multivariable Cox-regression analysis was used to investigate independent risk factors for RFS and OS. p values are two-sided, and p < 0.05 was considered significant. Statistical analysis was performed using JMP[®] 11.0. Values are given as mean, median, and interquartile range (IQR).

Results

Clinical and pathologic tumor and patient characteristics are listed in Table 1. Of the 154 patients, 109 (70.8 %) were men and 45 (29.2) women. The median age at definitive treatment was 66 years (IQR 58–76). The predominant underlying histological entities were urothelial carcinoma in 72 (46.8 %), squamous cell carcinoma in 46 (29.9 %), and adenocarcinoma in 17 (11.0 %) patients, respectively. In men, tumors were located in the proximal, distal, and proximal plus distal urethra in 54.1, 35.8, and 10.1 %, respectively. Conversely, in women, tumors were located in the proximal, distal, and proximal plus distal urethra in 28.9, 68.9, and 2.2 %, respectively (p = 0.22). Distant metastatic disease was present at initial diagnosis in 29 patients (18.8 %).

Clinical nodal stage was cN0 in 104 (75.5 %), cN1 in 24 (15.6 %), and cNX in 28 patients (18.2 %). In the patients



In the total cohort, the mean follow-up was 32 months (median 21 months; IQR 5–48). The location of recurrence/metastatic disease in the 154 patients is listed in Table 1. Recurrence was documented in 82 of the 154 patients (53.3 %). The corresponding three-year RFS was 60.8 %. Of the 125 patients with cM0 disease, 40 (26.0 %) died with a corresponding to three-year OS of 80.4 %.

The exact modalities of perioperative chemo-/radiotherapy, primary and salvage treatments are listed in Table 1. In univariable analysis, overall recurrence was significantly associated with pathologically advanced tumor stage (\geq pT3, p=0.001), clinically and pathologically node-positive disease (p=0.001 and p=0.006), as well as proximal tumor location (p=0.002). No significant associations were found between recurrence and tumor size (p=0.06), age, gender, clinical tumor stage, tumor grade, prior history of malignant disease, pretreatment serum creatinine level, and histological subtype (see Table 2).

In univariable analysis for patients staged cM0 at initial diagnosis, overall death was significantly associated with pathologically advanced tumor stage (p = 0.044), clinically and pathologically node-positive disease (p = 0.036/0.014), and tumor grade (p = 0.029; see Table 2).

In multivariable Cox-regression analysis, RFS was significantly associated with clinical nodal stage (p < 0.001), tumor location (p < 0.001), and age (p = 0.001), whereas clinical nodal stage was the only independent predictor for OS (p = 0.026). No significant associations were found in uni- and multivariable analyses between overall death and clinical tumor stage, age, gender, tumor location and size, prior history of malignant disease, pretreatment serum creatinine level, and histology (see Table 3).

Discussion

Since PUC is a rare tumor entity, the prognostic significance of clinical and pathologic risk factors prior initiation of primary treatment is uncertain. For this reason, we established a collaborative database and accrued a total of 154 cases to inform about primary characteristics and the prognostic role of clinical and pathologic risk factors for survival in PUC.

In the present analysis, the male-to-female ratio was 2.4:1, and urothelial carcinoma was found to be the



Table 2 Univariable analysis for recurrence-free and overall survivals in the 125 cM0 patients according to clinical and pathologic tumor characteristics

Parameter	RFS		OS	
	RR (95 %-CI)	p value	RR (95 %-CI)	p value
Pathologic tumor stage	2.77	0.001	2.80	0.044
≥pT3 versus ≤pT2	(1.54-4.88)		(1.03–7.19)	
Pathologic nodal stage	3.74	0.006	3.50	0.014
pN+ versus pN0/pNX	(1.51-8.04)		(1.06–15.74)	
Clinical tumor stage	1.62	0.14	1.78	0.24
≥cT3 versus ≤cT2	(0.83-2.98)		(0.64-4.36)	
Clinical nodal stage	4.01	0.001	3.98	0.036
cN+ versus cN0	(1.93–7.78)		(1.10-11.59)	
Tumor location	2.33	0.002	2.22	0.06
Proximal versus distal	(1.33-4.29)		(0.94-5.82)	
Tumor grade	1.50	0.18	3.01	0.029
G3 versus G1/G2	(0.82-2.87)		(1.11-10.52)	
Histology	1.06	0.89	1.06	0.89
UC versus non-UC	(0.45-2.62)		(0.45-2.62)	
Gender	1.20	0.53	0.91	0.82
Male versus female	(0.68-2.25)		(0.39-2.28)	
Age				
(Continuously coded; total risk range)	2.43 (0.54–11.33)	0.23	2.10 (0.28–19.59)	0.48
≥65 years versus <65 years	1.13 (0.61–2.14)	0.69	1.15 (0.47–2.87)	0.75
Serum creatinine level				
(Continuously coded; total risk range)	0.93 (0.11–6.84)	0.94	0.77 (0.04–11.93)	0.86
Elevated versus normal	0.98 (0.44–2.61)	0.96	0.90 (0.32–3.21)	0.85
Tumor size (cm)				
(Continuously coded; total risk range)	5.99 (0.90–38.64)	0.06	1.84 (0.11–26.80)	0.66
Prior history of malignoma	1.33	0.43	1.96	0.18
Present versus absent	(0.63-2.64)		(0.71-5.11)	

Bold values indicate statistically significant difference. Elevated serum creatinine was defined in men as >1.1 mg/dl and in women >0.8 mg/dl

CI confidence interval, OS overall survival, RFS recurrence-free survival, RR relative risk, UC urothelial carcinoma

predominant histological entity in approximately 47 % of the patients. These findings are in line with prior studies [2, 7, 8]. Clinically advanced tumor stage was present in approximately one-fourth of the patients. Since our study covers a period of 20 years, we were not able to retrospectively adjust for the distinct method used for tumor imaging [computed tomography vs. magnetic resonance imaging (MRI)] at primary diagnosis. However, for improved evaluation of local tumor extent, MRI has been shown to provide superior soft tissue contrast compared with computed tomography [9], which is also recommended by recent guidelines [3]. In this regard, we found a very high accuracy of ~93 % for clinical nodal staging to predict pathological lymph node involvement. This finding is in line

with prior studies reporting enlarged lymph nodes in PUC to be often associated with lymph node metastatic disease [3, 10]. The high accuracy for clinical nodal staging may also be in part due to the fact that the inguinal regions represent the primary lymphatic landing sites of distal urethral tumors which are easily assessable by clinical palpation and cross-sectional imaging. With regard to the high degree of concordance between clinical and pathologic staging, these data suggest that the presence of clinically enlarged lymph nodes should alert clinicians of the possible presence of lymph node metastases and should therefore be an impetus to consider a multimodal approach [3, 10].

In this study, most tumors were of higher grade and were located in the proximal urethra in approximately two-thirds



Table 3 Multivariable analysis of clinical and pathologic parameters available prior definitive treatment for predicting recurrence and overall death in the 125 patients with cM0 primary urethral carcinoma

RFS			OS		
Variable	Hazard ratio (95 %-CI)	p value	Hazard ratio (95 %-CI)	p value	
Clinical tumor stage	2.04	0.40	1.17	0.85	
≥cT3 versus ≤cT2	(0.41-13.09)		(0.19-5.69)		
Clinical nodal stage	48.64	< 0.001	9.80	0.026	
cN+ versus cN0/cNX	(6.96-509.50)		(1.31-92.37)		
Tumor location	10.32	< 0.001	1.70	0.47	
Proximal versus distal	(2.47–72.91)		(0.41-8.80)		
Tumor grade	1.11	0.86	4.11	0.08	
G3 versus G1/G2	(0.31–4.03)		(0.84-24.97)		
Histology	0.70	0.46	1.41	0.56	
UC versus non-UC	(0.27-1.80)		(0.44-4.89)		
Gender	2.70	0.08	1.71	0.39	
Male versus female	(0.89-9.16)		(0.50-6.36)		
Age	7.17	0.001	1.96	0.31	
≥65 years versus <65 years	(2.18–26.33)		(0.52-7.48)		
Prior history of malignoma	1.05	0.94	2.14	0.27	
Present versus absent	(0.25-4.07)		(0.55-9.03)		

Bold values indicate statistically significant difference

of the men and in one-third of the women. The median tumor size was 2 cm. Of note, 29 of the 154 patients presented with metastatic disease at distant organs, and 34 patients (22 %) had a prior history of malignant disease. The most predominant type of prior malignancy was prostate cancer. However, as this series is retrospective, we cannot accurately adjust for any causative association between the primary treatment for these malignancies and the carcinogenesis of PUC.

As would be expected, recurrence was significantly associated with advanced clinical nodal stage, advanced pathological tumor, and nodal stage and proximal tumor location. Similarly, OS was significantly associated with clinical nodal stage, pathologic tumor, and nodal stage and tumor grade. These results are in accordance with prior studies [2, 7, 8]. For multivariable analysis, we decided to include only clinical and pathologic parameters that are available before initiation of primary treatment in order to make the analysis more useful for clinical decision-making. For this reason, we included clinical tumor and nodal stage instead of the respective (postoperative) pathologic determinants for primary tumor extent. Clinical nodal stage, tumor location, and age were found to be independently predictors for RFS, whereas clinical nodal stage was the only independent predictor for OS. In line with prior studies [1, 2, 7, 8], we did not find gender or histological subtype to impact survival. Our results are supported by an analysis of the SEER registry conducted exclusively in women with PUC demonstrating that node-positive disease was also an independent predictor for inferior survival [11].

Preoperative renal function did not impact on RFS and OS. These data strongly suggest that nodal stage is the most critical parameter in primary urethral carcinoma. In terms of the oncologic effects of neoadjuvant chemotherapy and salvage treatment, we have investigated their impact on survival in recent analyses. Patients with clinically advanced tumor stages (cT3 and/or cN+) benefited most from neoadjuvant chemotherapy [12]. Likewise patients undergoing salvage surgery or radiotherapy for local recurrence exhibited improved overall survival compared with those who did not undergo salvage treatment for recurrence [13].

Our study has several limitations inherent to its retrospective and multicenter nature which is, of course, requisite to the rarity of this cancer entity. Although we included patients treated at academic centers in Europe and North America within the last 20 years, the number of included patients is moderate, and follow-up period is short which is due to the rarity and aggressiveness of the disease. Further biases include the absence of regional LND in approximately half of the patients and possible interobserver variability in the clinical staging and pathological assessment of specimens. We could not adjust for possible heterogenous practice patterns in the different institutions, patient preferences, toxicities and side effects of treatment, as well as comorbidities which may have impacted on the clinical decision-making. In this regard, survival may also have been impacted by the ability of patients to undergo chemotherapy prior to surgery. Yet, preoperative serum creatinine levels did not exert an impact on RFS and OS. In addition, all patients were treated in academic centers by



multidisciplinary teams dedicated to the management of urinary tract cancers. In line with the updated 2015 EAU Guidelines on Primary Urethral Carcinoma [10], we would like to reinforce that patients with urethral carcinomas should be treated in academic centers. As urethral carcinomas are rare and aggressive cancers, patients should be referred to institutions with multidisciplinary teams. Notwithstanding these limitations, this study represents one of the largest studied cohorts of primary urethral carcinomas that systematically has investigated the impact of clinical and pathologic tumor characteristics on outcomes.

Conclusions

In this series, clinical nodal stage, tumor location, and age were found to be independent predictors of RFS in primary urethral carcinoma, whereas clinical nodal stage was the only independent predictor of OS.

Conflict of interest None.

Ethical standard This is an IRB-approved study conducted according to the Declaration of Helsinki.

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